

Three Belles



Café

NIANTIC, CT

SALADS

SOUTHWEST CHICKEN SALAD — \$12

Grilled chicken, roasted corn, black beans, grape tomatoes, cheddar jack cheese & avocado with crispy fried tortilla strips

GARDEN — \$6

CLASSIC CAESAR — \$8

GREEK — \$8

Olives, cucumber, tomato, banana peppers & feta cheese

DRESSINGS

Caesar • Italian Vinaigrette • Ranch
Blue Cheese • Greek • Honey Mustard
(Extra dressing \$1 each)

SIDES

House-Made Fries — \$8

Lily's Fresh House-Made Pasta Salad — \$6

Tater Tots — \$10

Coleslaw — \$4

Sautéed Baby Spinach — \$6

White Rice — \$4

Roasted Corn-Mushroom & Asparagus Hash — \$8

HOURS

Breakfast: 8 AM – 12 PM

Lunch & Dinner

Wed, Thurs & Sun: 12 PM – 4 PM

Fri & Sat: 12 PM – 8 PM

"Because life is better on the water"

119 Oswegatchie Hills Rd, Niantic, CT 06357

860-739-6264

threebellesoutfitters.com

APPETIZERS

ITALIAN-STYLE HOUSE-MADE BEEF & PORK MEATBALLS — \$10

Marinara & shaved parm

CRISPY FRIED CALAMARI PLATE — \$12

Cherry peppers & marinara

BAY SCALLOP APP — \$12

Coleslaw & tartar sauce

THAI-PEANUT SHRIMP — \$12

Grilled pineapple-mango salsa

6-PIECE HOUSE-BRINED CHICKEN WINGS — \$12

Choice of wet or dry BBQ spice, Buffalo, Korean BBQ or sweet chili. Served with carrot & celery sticks & choice of blue cheese or ranch dressing

PAN-SEARED CRAB CAKE — MKT

Served with mixed greens & citrus aioli

HOUSE-MADE LOADED FRENCH FRIES — \$15

Short rib, caramelized onions & cheese sauce served with sour cream & salsa

SHORT RIB QUESADILLA — \$15

Peppers, onions & cheddar jack cheese served with salsa, sour cream & chipotle aioli

CHIPOTLE MARINATED CHICKEN QUESADILLA — \$13

Caramelized onions, smoked bacon, cheddar jack cheese & sliced grape tomato served with sour cream, salsa & ranch dressing

CRISPY FRIED MOZZARELLA STICKS — \$12

Served with marinara & shaved parm

SHORT RIB BURRITO — \$15

Peppers, onions, white rice, black beans & cheddar jack cheese with sour cream, salsa & queso

ENTRÉES

***GRILLED 10 OZ. RIBEYE STEAK — \$30**
Roasted corn-mushroom & asparagus hash & a roast-onion red wine-veal reduction

CHICKEN POT PIE — \$20

Tenderloin of chicken with mushrooms, carrots, celery, onions & green peas, served with a puff pastry crisp

SPINACH, MUSHROOM & SWISS STUFFED ROULADE OF CHICKEN — \$22

White rice, grilled asparagus & supreme sauce

CHICKEN PARMESAN — \$22

Breaded boneless chicken thigh with marinara and mozzarella over Lily's fresh linguine in vodka sauce, served with herb-crust tomatoes & garlic crostini

CHICKEN CACCIATORE — \$22

Bone-in chicken thigh braised with mushrooms, onions & green peppers in a white wine-*Alta Cucina* tomato broth over choice of Lily's fresh fettuccine or white rice

SHORT RIB BOLOGNESE — \$24

Ground beef & pork over Lily's fresh fettuccine, served with garlic crostini

FROM THE SEA & PASTA

HOUSE-MADE MAC & CHEESE — \$12

Lily's fresh baby shells & a *Cheez-It* baked crust
Add Short Rib +\$12 • Buffalo Chicken +\$6
Add Fresh Lobster (MKT) • Jumbo Lump Crab (MKT)

***SEARED YELLOW FIN TUNA — \$22**

Grape tomato-kalamata olive chimichurri & house truffle fries

***POTATO-WRAPPED FAROE ISLAND SALMON — \$24**

Sautéed baby spinach & a grapefruit-butter sauce

SANDWICHES

SANDWICH WRAP — \$12

*Curry chicken salad with mixed greens
— or — Ham or Turkey, your way*

TUNA SALAD MELT — \$12

*On toasted English with Swiss cheese &
tomato*

SHORT RIB-MOZZARELLA STICK STUFFED GRILLED CHEESE — \$16

*American cheese, caramelized onions & baby
arugula*

FAROE ISLAND SALMON BURGER — \$18

*Sliced tomatoes, baby arugula, pickled red
onions and citrus aioli*

LOCAL LOBSTER ROLL (Hot or Cold) — MKT

On buttered, grilled brioche

SMASH BURGER — \$12 / \$17

*Single or double with American cheese,
shredded iceberg lettuce, sliced tomato &
mayo*

***8 OZ. CHARBROILED WAGYU MUSHROOM & BACON BLUE BURGER — \$18**

Shaved iceberg & sliced tomato on brioche

CRISPY CHICKEN SANDWICH — \$12

*Parma ham, sliced tomato, baby arugula &
Swiss cheese with supreme sauce on brioche*

*All sandwiches served with choice of
Lily's fresh house-made pasta salad,
house-made fries, or coleslaw*

SOFT SERVE ICE CREAM

Vanilla • Chocolate • Swirl — \$5

**Don't forget to ask your server about
our additional dessert selection**

PIZZA

18-inch hand-tossed

ROASTED APPLE & GORGONZOLA — \$30

*Short rib, caramelized onions, baby arugula &
rosemary-infused honey*

CHICKEN BACON RANCH — \$24

*Diced tomato, caramelized onions & cheddar
jack cheese*

WHITE CLAM & SMOKED BACON — \$26

*Roasted garlic, caramelized onion, baby spinach
& diced tomato*

SHORT RIB PHILLY CHEESESTEAK — \$30

*Peppers, onions, American & provolone cheese &
a garlic-parm ranch sauce*

CHEESE — \$19

PEPPERONI & JALAPEÑO — \$23

SAUSAGE, PEPPERS & ONIONS — \$24

MEAT LOVERS — \$30

Smoked bacon, sausage, pepperoni & ham

BUILD YOUR OWN

Starts with sauce & cheese — \$19

Pepperoni \$4 Onions \$2

Shrimp \$10 Tomatoes \$2

Sausage \$4

Bacon \$4 Olives \$2

Ham \$4 Jalapeño \$2

Cheese \$4 Banana Peppers

\$2

Pineapple \$2 Roasted Red

Peppers \$2



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KIDS

Hot Dog — \$8

Chicken Tenders — \$12

Mac & Cheese — \$10

Pasta Marinara — \$8

Cheese Quesadilla — \$6

Grilled Cheese — \$6

Grilled Chicken — \$8

PB&J — \$6

DRINKS — \$4

Vitamin Water • Seltzer

Bottled Water • Root Beer

Ginger Ale • Orange Juice

**Check with your server or the case for the
complete beverage list*

COFFEE & TEA

Hot or Iced Coffee

Small \$3.50 • Large \$4.00

Hot or Iced Latte (one size) — \$6

Cappuccino — \$6

Iced or Hot Chai Tea Latte — \$4

Espresso Shots

Single \$3 • Double \$6

SYRUPS

Vanilla • Sugar-Free Vanilla • Hazelnut

Caramel • White Chocolate • Blueberry

Coconut • Cupcake

**Before placing your order, please inform
your server if a person in your party has
a food allergy.**

**These items are cooked to order and may be
served raw or undercooked. Consuming raw or
undercooked meats, poultry, seafood, shellfish,
or eggs may increase your risk of foodborne
illness.*